

Fresh A.I.R. Gallery **2019 - 2020 Exhibitions**
Receptions are 5 - 7 p.m. on first day of exhibits



TODD LOE

March 20 - April 26, 2019

PAULA LONG

May 8 - June 21, 2019



MATT SWIFT

July 10 - Aug. 23, 2019

MELISSA SPITZ

Sept. 6 - Nov. 15, 2019



PATRICK VINCENT

Dec. 4, 2019 - Jan. 17, 2020

**PHIL ADAMS &
MATTHEW ASHTON**

Jan. 29 - March 6, 2020



ADDITIONAL EXHIBITS & EVENTS:

MARCH 2 - NOV. 14, 2019: *Who We Are: Journeys of Recovery*
Fresh A.I.R. Gallery 15th Anniversary Exhibit @ Columbus Museum of Art

MAY 3 -17, 2019: Mental Health Month Exhibition @ 934 Gallery

NOV. 8, 2019: Art of Recovery Fundraiser @ Columbus Museum of Art
Tickets: www.artofrecoverycolumbus.com

Fresh A.I.R. Gallery



Art is widely thought to help ameliorate mental illness: to provide an outlet for self-expression, a way to quiet symptoms and intrusive thoughts. However, artists living with these conditions – and with substance use disorders, which frequently co-occur – are often unable to pursue or showcase their talents. Debilitating symptoms, unemployment, and other barriers preclude many opportunities. Widespread stigma and misunderstanding also encourage these artists to remain in the shadows.

Fresh A.I.R. Gallery (Artists In Recovery) aims to change this. We exhibit the work of artists affected by mental illness and/or substance use disorders, giving these individuals a platform to share their voices and artistic vision. Through art, we educate the community and work to break down stigma. Fresh A.I.R. supports artists through every step of the exhibition process, including by not taking a commission on art sales. Through their experiences with us, many artists develop the resources they need to continue their art careers, as well as their journeys toward healing. Fresh A.I.R. Gallery is a project of Southeast Healthcare Services and celebrates its 15th anniversary in 2019.

If you or an artist you know has been affected by mental illness and/or substance use disorders and would be interested in exhibiting artwork with us, please get in touch. We review submissions year round.

Open Monday - Friday, 8 a.m. - 5:30 p.m.
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southeastinc.com/freshair